

## THOUGHTS TO LIVE BY

"This book is a treasure. Turn off the television a while each night and open it to where your fingers guide you. Read a few pages and then ask yourself, 'What is the better way to spend my time?' *Wisdom for the Soul* is a blessing for students of life and scholars of the soul. I enjoy it immensely."

~ Gary Zukav, author of *The Seat of the Soul* and *The Dancing Wu Li Masters*

"The critical importance of mindful awareness in everything we do is underscored by an unexpectedly wide and diverse group of thinkers selected for this collection. Being aware of the moment in every activity is the key to life, presented eloquently and engagingly in these quotations. This is a wonderful resource and invaluable tool for awakening. Read it and reflect."

~ Lama Surya Das, author of *Awakening to the Sacred: Creating a Spiritual Life from Scratch*

At long last, an abundance of universal wisdom, beyond the boundaries of Euro-America, becomes easily accessible. The wisdom of the ages and of cultures past and present are as applicable here and now as they must have been there and then. Read and absorb, awake and attend.

~ Malidoma Somé, author of *Of Water and the Spirit* and *The Healing Wisdom of Africa*

"What I like about this collection of insightful sayings is that it is drawn from a wide range of sources, many not often invoked for practical wisdom. You can live by the words in this book, and you can feel good that humanity has offered such profound reflections."

~ Thomas Moore, author of *Care of the Soul* and *Dark Nights of the Soul*

As someone who has collected powerful, transformative quotations for over 30 years I am delighted by this book. The range and depth of this collection makes it an indispensable resource for anyone seeking easily accessible wisdom.

~ Jack Canfield, co-creator, #1 New York Times best selling *Chicken Soup for the Soul*® series; author, *The Success Principles*™

[www.wisdomforthesoul.org](http://www.wisdomforthesoul.org)

"Painstakingly compiled, accessibly organized, and expertly edited ... A welcome reference for personal, seminary, academic, and community library 'Religion, Spirituality, and Metaphysical Studies' collections, *Wisdom for the Soul* is very strongly recommended for readers searching for encouraging and empathetic words of wisdom for the conduct and improvement of their lives."

~ Midwest Book Review

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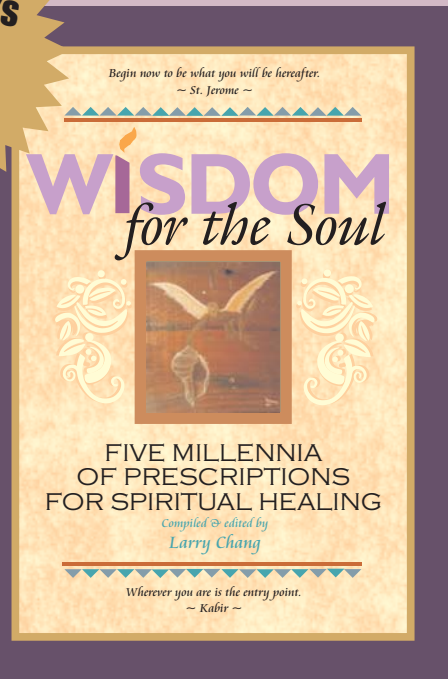
*There is a basket  
of fresh bread on  
your head, and  
yet you go door  
to door asking  
for crusts.  
Knock on your  
inner door.  
No other.*  
~ Rumi, 1207-  
1273 ~

*All of us encounter, at least once in our life, some individual who utters words that make us think forever. There are men whose phrases are oracles; who can condense in one sentence the secrets of life; who blurt out an aphorism that forms a character, or illustrates an existence.*

~ Benjamin Disraeli, 1804-1881 ~

There's a fresh take on an old standby, the book of quotations. The difference with *Wisdom for the Soul* is in the selection and organization of the quotations. Each has been chosen for its universal application and poetic quality, grouped into one of 220 themes. While the usual subjects, are represented, the collection encompasses newer psychological territory such as Actualization, Avoidance/Denial, Chaos/Uncertainty, Polarity, Relativity, Synergy, Synthesis, Unconscious, and more.

Although the primary aim of the collection is self-help for the individual, with extensive cross-references to factors that foster or deter growth and well-being, the material will appeal to the quotation collector, speech-writer, and the general reader.



"A must-have title for all spiritual seekers. This volume is incredible in scope, superbly edited and beautifully designed. Highly recommended."  
~ USABookNews.com

*If your heart is  
bright, then even in  
a dark chamber there  
is blue sky. If your  
thoughts are gloomy,  
then even in broad  
daylight cruel  
demons appear.*  
~ Hong Zicheng, fl.  
1596 ~

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**Who gnu?**

# WISDOM for the Soul

The aim of life is to live, and to live means to be aware,  
joyously, drunkenly, serenely, divinely aware.  
~ Henry Miller, 1891-1980 ~

## SIDELINES



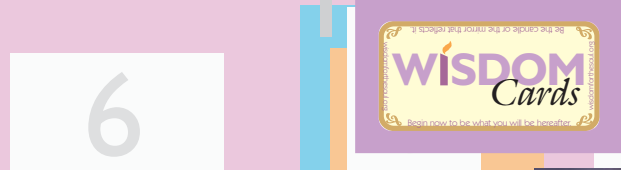
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